

KARACHI**1. Getting Started**

As we initiated the programme in Village Taj Mohammad who had done extremely well in their earnings last month, it was surprising how enthusiastically the entire programme was received. Thus almost immediately after my discussion and the blog, Project Manager Naheem took up the matter with the village and organized the teams for getting work started.

Since work on provision of handpump and solar lights has already been taken in hand, and information regarding households etc. was already compiled, we were able to get going fairly quickly.

In addition to the allocation for various essential items, another condition I have imposed is that each sponsored village must immediately nominate three women as village committee who will be responsible for providing information and oversee implementation. If they begin to perform their duties well, they will be provided with a cell phone in order to make reporting easier for them. Additionally, joint accounts for all three should be opened with a local bank asap. This would become important as they are made responsible for reporting and also in case any funds need to be transferred for work in the village.

2. Potential of *Dosti* Programme

As I thought more about it, it seemed to me that the advantages of such a programme were unlimited. On the one hand it shows that whenever circumstances allow us we must begin to assist others who might be still suffering from adversity. In the first instance it means that we need to share our knowledge and expertise to enable others to also rise to the same level. We all need to work towards a humanistic society where people take care of each other – and there are so many ways to show your concern. Those who were wiped out recently cannot be expected to share any of their own income; however, there are many other ways to show ones care for others. In the case of rehabilitated villages who are doing economically well, they are now bound to provide help to the *Dosti* sponsored village in order that others could also be placed on the path of recovery.

3. Stages for Recovery

The stages for recovery are to be taken up as follows:

3.1 Stage 1: Allocation of Rs. 100,000 per village of 50 households.

- a. Construction of raised water pump and water tank
- b. Installation of solar panel
- c. Removal of bushes/scrub from boundary and construction of lime earth village boundary
- d. Formation of 3-women mothers' committee with bank account

3.2 Stage 2: Construction of models by sponsoring village

- a. Marking for 6' dia 6' deep tank for breeding small fish
- b. Pakistan Chulah
- c. Solar water treatment platform, dining platform
- d. Marking and making forest along boundary

3.3 Stage 3: Recovery barefoot entrepreneurs from sponsoring village

For this purpose I have informed Naheem Shah of the following activities to be conducted by various members of the *dosti* village which are aimed towards improvement in their lives. These village trainings will be taken up as soon as the other components related to model building have been completed as detailed in Stage 2

4. Tasks of Dosti Village Trainers**4.1 Mother Barefoot Trainers**

Women are playing a very important role in rehabilitation process. Over time they have acquired many skills that need now to be imparted to all surrounding villages. The Dost village mothers are being assigned the following tasks:

- How to grow kitchen garden
- How to grow ground cover plants: each varah to have defined areas for growing fruit trees, grain or cereal such as maize, flower beds for native flowers and flowering bushes, sugar cane etc.
- How to use bamboo frames for solar dehydration of greens such as spinach, mustard greens, morenga leaves and fruit such as banana, guava, mango slices depending upon availability of seasonal fruit and vegetables.
- How to keep their area clean
- How to wash their and children's hands.

4.2 Youth Barefoot Trainers

The youth will be equally engaged in uplift work:

Using lime powder and measuring strings:

- Marking verahs and marking pathways
- Marking divisions for ground cover plantation
- Bamboo plantation
- Fish pond Marking and plantation

4.3 Children Barefoot Monitors

Brightest children will be selected by the school teacher. They will be provided with HF jackets. Their task is to provide interest in books and reading by using flash cards. They will be provided drinks by village mothers.

In order to promote sharing of knowledge and expertise, Naheem Shah has been tasked with initiating the following activities to be conducted by various members of the *dosti* village as mentioned above.

Many village trainings will be taken up as soon as the components related to model building have been completed.

5. Allocation and Recording Progress

In addition to allocation of Rs.100,000 each village committee will be provided with 3 cellphones in order for them to send off messages

Also databases will be prepared for each village in order to review progress.

6. Training Programme

For all components and activities 3-member teams are being formed in the following manner:

Master trainers (Barefoot Entrepreneurs) for each component to be identified from Pono Markaz and certified. They will carry special certificates, badges and wear HF jackets.

Other trainers foreach component who will provide training to Dosti villages will be trained by master trainers and will be provided with HF jackets.

Lists of all master trainers and trainers will be available on social media.

7. Audit Committees

For every village the work will be checked by an audit committee selected from the sponsoring village. They will be provided guidelines for conducting the audit as well as reporting procedures.